

## Daily Morning Prayer: Rite Two

*Officiant begins with the following:*

If we say we have no sin, we deceive ourselves, and the truth is not in us, but if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

*1 John 1:8, 9*

### Confession of Sin

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

*or this*

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Officiant and People together, all kneeling*

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. *Amen.*

*The Priest alone stands and says\**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

*\*A deacon or lay person using the preceding form remains kneeling, and substitutes "us" for "you" and "our" for "your."*

### The Invitatory and Psalter

*All stand*

*Officiant* Lord, open our lips.

*People* And our mouth shall proclaim your praise.

*Officiant and People*

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever Amen.

*-or-*

Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end. Amen.

*Then follows one of the Invitatory Psalms, Venite or Jubilate.*

*One of the following Antiphons may be sung or said with the Invitatory Psalm*

*In Lent*

The Lord is full of compassion and mercy: Come, let us adore him.

*On other Sundays and weekdays*

The mercy of the Lord is everlasting: Come, let us adore him.

*The Alleluias in the following Antiphons are used only in Easter Season.*

*On Feasts of the Incarnation*

[Alleluia.] The Word was made flesh and dwelt among us: O come, let us adore him. [Alleluia.]

*On all Saints and other Major Saints' Days*

[Alleluia.] The Lord is glorious in his saints: O come, let us adore him. [Alleluia.]

## **Venite**

*Psalm 95:1-7*

Come let us sing to the Lord; \*

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving \*

and raise a loud shout to him with psalms.

[Antiphon, if used.]

For the Lord is a great God, \*

and a great King above all gods.

In his hand are the caverns of the earth, \*

and the heights of the hills are his also.

The sea is his, for he made it, \*

and his hands have molded the dry land.

[Antiphon, if used.]

Come, let us bow down, and bend the knee, \*

and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand. \*

Oh, that today you would hearken to his voice!

*Then follows*

## **The Psalm or Psalms Appointed:**

### **Psalm 24**

*A Psalm of David.*

1The earth is the LORD's, and all its fullness,

The world and those who dwell therein.

2For He has founded it upon the seas,

And established it upon the waters.

3Who may ascend into the hill of the LORD?

Or who may stand in His holy place?

4He who has clean hands and a pure heart,

Who has not lifted up his soul to an idol,

Nor sworn deceitfully.

5He shall receive blessing from the LORD,

And righteousness from the God of his salvation.

6This is Jacob, the generation of those who seek Him,

Who seek Your face. Selah

7Lift up your heads, O you gates!

And be lifted up, you everlasting doors!

And the King of glory shall come in.

8Who is this King of glory?  
The LORD strong and mighty,  
The LORD mighty in battle.

9Lift up your heads, O you gates!  
Lift up, you everlasting doors!  
And the King of glory shall come in.

10Who is this King of glory?  
The LORD of hosts,  
He is the King of glory. Selah  
-- [NKJV](#)

## **Psalm 29**

*A Psalm of David.*

1Give unto the LORD, O you mighty ones,  
Give unto the LORD glory and strength.

2Give unto the LORD the glory due to His name;  
Worship the LORD in the beauty of holiness.

3The voice of the LORD is over the waters;  
The God of glory thunders;  
The LORD is over many waters.

4The voice of the LORD is powerful;  
The voice of the LORD is full of majesty.

5The voice of the LORD breaks the cedars,  
Yes, the LORD splinters the cedars of Lebanon.

6He makes them also skip like a calf,  
Lebanon and Sirion like a young wild ox.

7The voice of the LORD divides the flames of fire.

8The voice of the LORD shakes the wilderness;  
The LORD shakes the Wilderness of Kadesh.

9The voice of the LORD makes the deer give birth,  
And strips the forests bare;  
And in His temple everyone says, "Glory!"

10The LORD sat enthroned at the Flood,  
And the LORD sits as King forever.

11The LORD will give strength to His people;  
The LORD will bless His people with peace.

-- [NKJV](#)

## **Psalm 8**

*To the Chief Musician. On the instrument of Gath. A Psalm of David.*

1O LORD, our Lord,

How excellent is Your name in all the earth,  
Who have set Your glory above the heavens!

2Out of the mouth of babes and nursing infants  
You have ordained strength,  
Because of Your enemies,  
That You may silence the enemy and the avenger.

3When I consider Your heavens, the work of Your fingers,  
The moon and the stars, which You have ordained,

4What is man that You are mindful of him,  
And the son of man that You visit him?

5For You have made him a little lower than the angels,  
And You have crowned him with glory and honor.

6You have made him to have dominion over the works of Your hands;  
You have put all things under his feet,

7All sheep and oxen-  
Even the beasts of the field,

8The birds of the air,  
And the fish of the sea  
That pass through the paths of the seas.

9O LORD, our Lord,  
How excellent is Your name in all the earth!

-- [NKJV](#)

### **Psalm 84**

*To the Chief Musician. On an instrument of Gath. A Psalm of the sons of Korah.*

1How lovely is Your tabernacle,  
O LORD of hosts!

2My soul longs, yes, even faints  
For the courts of the LORD;  
My heart and my flesh cry out for the living God.

3Even the sparrow has found a home,  
And the swallow a nest for herself,  
Where she may lay her young-  
Even Your altars, O LORD of hosts,  
My King and my God.

4Blessed are those who dwell in Your house;  
They will still be praising You. Selah

5Blessed is the man whose strength is in You,  
Whose heart is set on pilgrimage.

6As they pass through the Valley of Baca,  
They make it a spring;  
The rain also covers it with pools.

7They go from strength to strength;

Each one appears before God in Zion.

8O LORD God of hosts, hear my prayer;  
Give ear, O God of Jacob! Selah

9O God, behold our shield,  
And look upon the face of Your anointed.

10For a day in Your courts is better than a thousand.  
I would rather be a doorkeeper in the house of my God  
Than dwell in the tents of wickedness.

11For the LORD God is a sun and shield;  
The LORD will give grace and glory;  
No good thing will He withhold  
From those who walk uprightly.

12O LORD of hosts,  
Blessed is the man who trusts in You!  
-- [NKJV](#)

*At the end of the Psalm is sung or said*

Glory to the Father, and to the Son, and to the Holy Spirit:\*  
as it was in the beginning, is now, and will be forever. Amen  
-or-

Glory be to the Father, and to the Son, and to the Holy Spirit:\*  
as it was in the beginning, is now, and ever shall be, world without end. Amen.

## **The Lessons**

### **The Old Testament Reading**

*Reader:* A Reading (Lesson) from [Genesis 41:14-45](#)

#### **Genesis 41:14-45**

14Then Pharaoh sent and called Joseph, and they brought him quickly out of the dungeon; and he shaved, changed his clothing, and came to Pharaoh. 15And Pharaoh said to Joseph, "I have had a dream, and there is no one who can interpret it. But I have heard it said of you that you can understand a dream, to interpret it." 16So Joseph answered Pharaoh, saying, "It is not in me; God will give Pharaoh an answer of peace." 17Then Pharaoh said to Joseph: "Behold, in my dream I stood on the bank of the river. 18Suddenly seven cows came up out of the river, fine looking and fat; and they fed in the meadow. 19Then behold, seven other cows came up after them, poor and very ugly and gaunt, such ugliness as I have never seen in all the land of Egypt. 20And the gaunt and ugly cows ate up the first seven, the fat cows. 21When they had eaten them up, no one would have known that they had eaten them, for they were just as ugly as at the beginning. So I awoke. 22Also I saw in my dream, and suddenly seven heads came up on one stalk, full and good. 23Then behold, seven heads, withered, thin, and blighted by the east wind, sprang up after them. 24And the thin heads devoured the seven good heads. So I told this to the magicians, but there was no one who could explain it to me." 25Then Joseph said to Pharaoh, "The dreams of Pharaoh are one; God has shown Pharaoh what He is about to do: 26The seven good cows are seven years, and the seven good heads are seven years; the dreams are one. 27And the seven thin and ugly cows which came up after them are seven years, and the seven empty heads blighted by the east wind are seven years of famine. 28This is the thing which I have spoken to Pharaoh. God has shown Pharaoh what He is about to do. 29Indeed seven years of great plenty will come throughout all the land of Egypt; 30but after them seven years of famine will arise, and all the plenty will be forgotten in the land of Egypt; and the famine will deplete the land. 31So the plenty will not be known in the land because of the famine following, for it will be very severe. 32And the dream was repeated to Pharaoh twice because the thing is established by God, and God will shortly bring it to pass. 33"Now therefore, let Pharaoh select a discerning and wise man, and set him over the land of Egypt. 34Let Pharaoh do this, and let him appoint officers over the land, to collect one-fifth of the produce of the land of Egypt in the seven plentiful years. 35 And let them gather all the food of those good years that are coming, and store up grain under the authority of Pharaoh, and let them keep food in the cities. 36Then that food shall be as a reserve for the land for the seven years of famine which shall be in the land of Egypt, that the land may not perish during the famine." 37So the advice was good in the eyes of Pharaoh and in the eyes of all his servants. 38And Pharaoh said to his servants, "Can we find such a one as this, a man in whom is the Spirit of God?" 39Then Pharaoh said to Joseph, "Inasmuch as God has shown you all this,

there is no one as discerning and wise as you. 40You shall be over my house, and all my people shall be ruled according to your word; only in regard to the throne will I be greater than you." 41And Pharaoh said to Joseph, "See, I have set you over all the land of Egypt." 42Then Pharaoh took his signet ring off his hand and put it on Joseph's hand; and he clothed him in garments of fine linen and put a gold chain around his neck. 43 And he had him ride in the second chariot which he had; and they cried out before him, "Bow the knee!" So he set him over all the land of Egypt. 44 Pharaoh also said to Joseph, "I am Pharaoh, and without your consent no man may lift his hand or foot in all the land of Egypt." 45And Pharaoh called Joseph's name Zaphnath-Paaneah. And he gave him as a wife Asenath, the daughter of Poti-Pherah priest of On. So Joseph went out over all the land of Egypt. -- [NKJV](#)

*Reader:*The Word of the Lord.

*Answer:* Thanks be to God.

## **16 The Song of Zechariah** *Benedictus Dominus Deus*

*Luke 1: 68-79*

Blessed be the Lord, the God of Israel; \*  
he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
born of the house of his servant David.  
Through his holy prophets he promised of old,  
that he would save us from our enemies, \*  
from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
and to remember his holy covenant.  
This was the oath he swore to our father Abraham, \*  
to set us free from the hands of our enemies,  
Free to worship him without fear, \*  
holy and righteous in his sight  
all the days of our life.  
You, my child, shall be called the prophet of the Most High, \*  
for you will go before the Lord to prepare his way,  
To give his people knowledge of salvation \*  
by the forgiveness of their sins.  
In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
To shine on those who dwell in darkness and the shadow of death, \*  
and to guide our feet into the way of peace.  
Glory be to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

## **The New Testament Reading**

*Reader:* A Reading (Lesson) from [Romans 6:3-14](#)

### **Romans 6:3-14**

3Or do you not know that as many of us as were baptized into Christ Jesus were baptized into His death? 4Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life. 5 For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection, 6knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin. 7For he who has died has been freed from sin. 8Now if we died with Christ, we believe that we shall also live with Him, 9knowing that Christ, having been raised from the dead, dies no more. Death no longer has dominion over Him. 10For the death that He died, He died to sin once for all; but the life that He lives, He lives to God. 11Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord. 12Therefore do not let sin reign in your mortal body, that you should obey it in its lusts. 13And do not present your members as instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God. 14For sin shall not have dominion over you, for you are not under law but under grace. -- [NKJV](#)

*Reader:*The Word of the Lord.

*Answer:* Thanks be to God.

## **21 You are God** *Te Deum laudamus*

You are God: we praise you;  
You are the Lord; we acclaim you;  
You are the eternal Father:  
All creation worships you.  
To you all angels, all the powers of heaven,  
Cherubim and Seraphim, sing in endless praise:  
Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
The glorious company of apostles praise you.  
The noble fellowship of prophets praise you.  
The white-robed army of martyrs praise you.  
Throughout the world the holy Church acclaims you;  
Father, of majesty unbounded,  
your true and only Son, worthy of all worship,  
and the Holy Spirit, advocate and guide.  
You, Christ, are the king of glory,  
the eternal Son of the Father.  
When you became man to set us free  
you did not shun the Virgin's womb.  
You overcame the sting of death  
and opened the kingdom of heaven to all believers.  
You are seated at God's right hand in glory.  
We believe that you will come and be our judge.  
Come then, Lord, and help your people,  
bought with the price of your own blood,  
and bring us with your saints to glory everlasting.

### **The Gospel**

*Reader:* A reading from the Gospel according to St. John.

#### **John 5:19-24**

19Then Jesus answered and said to them, "Most assuredly, I say to you, the Son can do nothing of Himself, but what He sees the Father do; for whatever He does, the Son also does in like manner. 20For the Father loves the Son, and shows Him all things that He Himself does; and He will show Him greater works than these, that you may marvel. 21For as the Father raises the dead and gives life to them, even so the Son gives life to whom He will. 22For the Father judges no one, but has committed all judgment to the Son, 23that all should honor the Son just as they honor the Father. He who does not honor the Son does not honor the Father who sent Him. 24"Most assuredly, I say to you, he who hears My word and believes in Him who sent Me has everlasting life, and shall not come into judgment, but has passed from death into life. -- [NKJV](#)

*Reader:* The Word of the Lord.

*People:* Thanks be to God.

### **The Apostles' Creed**

*Officiant and People together, all standing*

I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only son, our Lord.  
He was conceived by the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body, and the life everlasting. Amen.

### **The Prayers**

*The People stand or kneel*

*Officiant*

The Lord be with you.

*People*

And also with you.

*Officiant*

Let us pray.

*Officiant and People*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

*Then follows one of*

*these sets of Suffrages*

### **A**

V. Show us your mercy, O Lord;  
R. And grant us your salvation.  
V. Clothe your ministers with righteousness;  
R. Let your people sing with joy.  
V. Give peace, O Lord, in all the world;  
R. For only in you can we live in safety.  
V. Lord, keep this nation under your care;  
R. And guide us in the way of justice and truth.  
V. Let your way be known upon earth;  
R. Your saving health among all nations.  
V. Let not the needy, O Lord, be forgotten;  
R. Nor the hope of the poor be taken away.  
V. Create in us clean hearts, O God;  
R. And sustain us by your Holy Spirit.

### **B**

V. Save your people, Lord, and bless your inheritance;  
R. Govern and uphold them, now and always.  
V. Day by day we bless you;  
R. We praise your name for ever.  
V. Lord, keep us from all sin today;  
R. Have mercy on us, Lord, have mercy.

V. Lord, show us your love and mercy;

R. For we put our trust in you.

V. In you, Lord, is our hope;

R. And we shall never hope in vain.

*The Officiant then says the following Collects*

**The Collect of the Day:**

*A Collect for Sundays*

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. *Amen.*

*Then, unless the Eucharist or a form of general intercession is to follow, the following prayer for mission is added.*

*Prayer for Mission*

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh, and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen.*

*Here may be sung a hymn or anthem.*

*Authorized intercessions and thanksgivings may follow.*

*Before the close of the Office one or both of the following may be used*

**The General Thanksgiving**

*Officiant and People*

Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.  
And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit, be honor and glory throughout all ages. *Amen.*

**A Prayer of St. Chrysostom**

*Officiant*

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

*Then may be said*

Let us bless the Lord.

*Thanks be to God.*

*Officiant concludes with:*

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*

*Ephesians 3:20,21*